Hiring's 'Secret Sauce' to Make a Natural Brand Stronger and More Resilient

any managers dread the hiring process because it can be awkward, risky and time-consuming. However, with some thinking and planning, they can make their company stronger, and maybe even enjoy the hiring process.

Hiring is more than filling a position. This person may spend five or 10 years at a company; he could significantly help or hurt the bottom line. Invest the time now to make sure this is someone the company will want to work with until 2020.

Managers in health and nutrition spend much of their time focusing on trends naturally healthy lifestyles, sports nutrition, weight management, "slow" energy and so forth.

'Empty Calories' on the Payroll

A company needs to pick the right fit as it deals with the rapidly changing world of health and nutrition. Think of new hires as ingredients affecting the health, taste and success of the company. No



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This is a promising time for many nutrition and health businesses. Baby boomers are getting older and more health-conscious, the economy generally is recovering, and the Bureau of Labor Statistics forecasts the industry will be adding new positions.

Each company wants the most talented, most effective people working for it, not for its rivals.

"This means you must outshine your competitors if you want to hire the best of the best," wrote Angela Rose, who covers job workplace issues and other topics for HealthECareers.com.

Create a diverse team of employees for the hiring process. A lot of eyes should review the applicants. Sometimes, a perceptive administrative assistant will have a more accurate insight about an applicant's likelihood to succeed than a corporate executive. The more employees involved, the greater the chance the new hire will be a good fit.

Organized Process

Here are the 10 most frequent hiring errors and how to avoid them:

1. Hiring not viewed strategically

Due to the many long-term ramifications in hiring, top management must be involved from the start.

Take responsibility: Plan organizational needs, anticipate turnover and constantly look for potential replacements, either in-house or elsewhere. Consider partnering with an executive search partner. Select one who specializes in the health and nutrition industry, and ideally has experience finding top employees in your niche. An established recruiter will have a pipeline of hard-to-find talent and invaluable insight into the hiring market. This background will save time and resources.

2. Outdated or inadequate position profiles

Accurate job descriptions are essential to know the desired skills for employees.

Better yet, develop a complete profile of the ideal job candidate:

Necessary experience, skills and talents

Desired personality traits

Description of the corporate culture.

Key selling points of the position (e.g., perks, career path, flexibility) and of the company (e.g., growth, market position, career opportunities)

Measurable job objectives and performance expectations

A detailed profile will guide those interviewing the candidates and better ensure each applicant is evaluated by the same criteria.

3. Too much reliance on traditional recruiting

Don't rely on traditional ads and job postings. Challenge hiring managers to

Human Capital Management

be more creative recruiters: Maintain a database of prospective candidates, offer in-house referral bonuses, develop external recruiting networks, conduct advanced Internet searches and use professional search consultants.

Always look for good employees, even when there's no open positions. Increasing the pool of attractive candidates increases the chances of finding the perfect fit when needs arise.

4. Candidates lack company information

Help candidates prepare for the interview. Give them detailed information about the company and the position. Tell them about products, services, competitors and challenges.

Then, the applicants are better able to show specifically how they can help the organization.

And if they don't use the information provided, a company knows something telling about them and their likelihood of success.

5. Too much concern over credentials

The resume shouldn't be your primary hiring factor. Many jobseekers exaggerate. Often resumes don't cover every aspect of a candidate's experiences; some skills and abilities may not make it onto the resume. Good candidates can be overlooked when too much weight is put on the resume.

Instead, use resumes to develop questions to evaluate a candidate's true accomplishments and potential. Past performance is the best indicator of future behavior

Indirect questions can produce great insights. For example, to find out how candidates solve specific problems, ask open-ended questions:

"Can you give me an example of a time when...?"

"In your last job, how did you...?

To gauge personality, ask questions to elicit emotional responses: "How did that project make you feel and why?"

Finally, it's essential to conduct thorough reference and background checks to validate findings.